



## coffee

Espresso	1.25
Americano	1.25
Double Espresso	2
Espresso + Milk 100 ml	1.4
Espresso + Milk 160 ml	1.5
Espresso + Milk 200 ml	1.8
+ vegetable milk	0.2



## tea and healing herbs

ETHICAL, SUSTAINABLE AND HIGH-QUALITY PRODUCTS

The blessings of Mother Nature towards humanity are abundant.

In Tidore we want to bring you the best crops of some gardens in the world so you can enjoy their benefits in the most natural way.

<b>TEA</b>	
English Breakfast	2
Sencha Green	2
Chai	2
Roiboos	2
Ginseng Yogi Tea	2
White tea with aloe vera	2
Choco-Chili	2
Positive Energy: cranberry, hibiscus	2

<b>HEALING HERBS</b>	
Lemon Grass - Ginger	2
Hibiscus-Cinnamon	2
Apple- Cinnamon	2
Chamomile-Vanilla	2
Three mints	2
Relax	2



## other drinks

Ginger organic kombucha	3.2
Tea organic kombucha	3.2
Fritz Kola	2.5
Izeta ecologic apple juice	2.5
Mineral spring water Alzola 330 ml	1.25
Mineral spring water Alzola 1500 ml	3
San Pellegrino sparkling water 250 ml	2

All prices include the V.A.T



## cold pressed juice by the juicy community

250 ml	2.95
500 ml	5.50

**Energy:** apple, spinach and lemon

**Digestive:** papaya, apple, banana and lemon

**Vitamins:** apple, kiwi, kale and spirulina

**Restorative:** tomato, carrot, beet, celery, cucumber



## wine

In Tidore we give priority to unique wines with little or no intervention, made by producers that respect nature and its cycles.

glass      bottle

<b>TXAKOLI &amp; CAVA</b>		
K-Pilota Karlos Arguiñano HONDARRABI ZURI - GETARIA	2	11
Colet Brut Tradicional XAREL·LO, MACABEO, PARELLADA - PENEDÉS	2.8	17
<b>CIDER</b>		
Izeta ecologic ZARAUTZ		5
<b>WHITE</b>		
Cucú VERDEJO - CASTILLA Y LEÓN	2.3	14
Finca A Pedreira ALBARIÑO - RIAS BAIXAS	2.8	17
A Coroa GODELLO - VALDEORRAS	2.8	17
<b>ROSÉ</b>		
Roselito TINTA FINO, ALBILLO - RIBERA DEL DUERO	2.4	15
<b>RED</b>		
La Bicicleta Voladora TEMPRANILLO, VIURA - RIOJA	2.3	14
Quinta Milú TINTA DEL PAÍS - RIBERA DEL DUERO	2.5	15
Cortezada MENCIA - RIBEIRA SACRA	3	18
Benjé LISTÁN NEGRO - TENERIFE	3.7	22
Albagra GARNACHA TINTORERA - ALBACETE	2.8	17
Altaroses GARNACHA - MONTSANT	2.9	17



## beer

Estrella Galicia	Basqueland Brewing Project HERNANI		
Caña	2.2	Bottle	3.75
Zurito	1.1	Caña	4
Radler	2.5	Zurito	2.2
Gluten-Free	2.5		
Alcohol-Free	2.5		